# Mental Health and Social Services

- 1. Education: Need to educate ourselves and be willing to educate ourselves and be willing to educate others. Need to be open, flexible, persistent, creative, brave, risk takers and share the wealth.
- 2. Policy/Funding: Need to be local change agents by voting, supporting civic organizations, by getting involved. As stakeholders, we can influence change all the way up to the federal government.
- **3. Building bridges/coalitions:** Interdependency
  - **a.** Meeting with community leaders (use & expand caring communities)
    - 1. community of faithful organizations
    - 2. School systems
    - 3. agencies and provision of resources
      - a. website
    - 4. Identify needs to connect with
      - a. Police office
      - b. Clinic
      - c. Shelters
      - d. Department of Mental Health
  - **b.** Us and who we represent
    - i. Targeted population
    - ii. Local government & state
- 4. Literature in Spanish related to program
  - **a.** Go to Latino Community (Ex. Events-mass)
- 5. Advocacy; Empathy/& Education, Hope; taking action; connecting

## **Education**

- 1. Educate about needs to be flexible, creative, different times change modes of communication, places, transportation.
- 2. Stakeholders-administrators, direct service staff, Latinos, business people, churches, policy makers, law enforcement, health care, grocers.
- 3. Share what works or doesn't work with other agencies, participate in existing and developing networks. Build relationships. Be willing to collaborate, share the wealth.

4. Educate myself. Be willing to be the one voice. Be persistent. Be an example.

## **Local Policies**

- ?? Vote
- ?? Local policies to support all human beings.
- ?? Look at communities that have been inclusive and take and use their best practices.
- ?? Active recruitment (Look outside of the box)
- ?? Sponsor activities that support and celebrate diversity.
- ?? Support Hispanic businesses

## **Individuals**

- ?? We can ask agencies if they have documents in Spanish.
- ?? Be a change agent (Promote acceptance of cultural diversity)
- ?? Get involved-Civic Organizations and others
- ?? Write our legislative officials and agency heads.
- ?? Rethink organizations you support or do not support.(business, volunteer, \$, advocate, etc)

## **Federal**

- ?? Vote
- ?? Contact your representatives. (elected officials)
- ?? Keep our federal representatives informed.
- ?? Look at other Immigration Policy (countries) Best practices.
- ?? **\$**'s

#### **State**

- ?? Vote
- ?? Talk to our representatives (elected officials)
- ?? Attend conferences
- ?? **\$**'s