

# Casa de Salud

May 2010



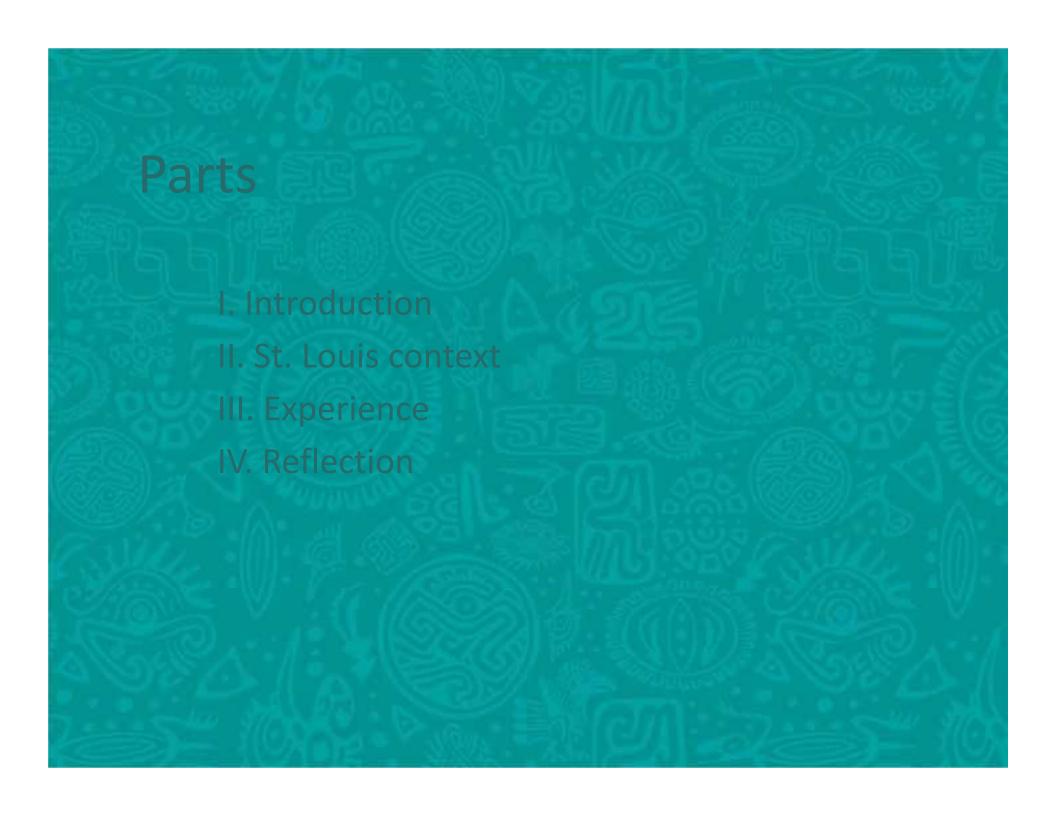
Director, Clinical Services, Casa de Salud Associate Professor Saint Louis University School of Nursing

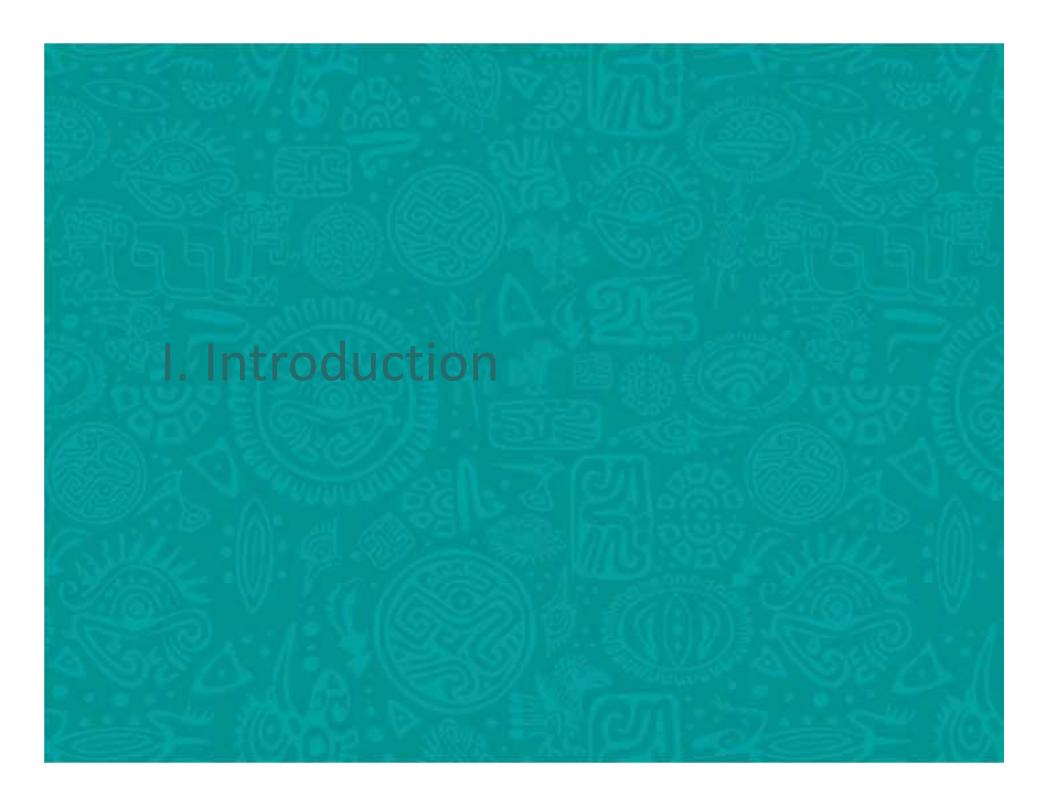
#### Stephanie O'Donnell

Director, Administrative Services, Casa de Salud

#### David Schneider, MD, MSPH

Board of Directors, Casa de Salud Professor and Chairman of Family and Community Medicine Saint Louis University Medical Schoo





# Casa's history

- Healthcare void left by closure of La Clinica and Accion Social Comunitaria in April 2009
- A new model of immigrant healthcare delivery services championed by
  - Father Biondi, President of Saint Louis University
  - Bob Fox, Philanthropist and Community Activist
  - 。 Mary Ann Cook, Former Executive Director of La Clinica
  - The Hispanic Community and its Leadership

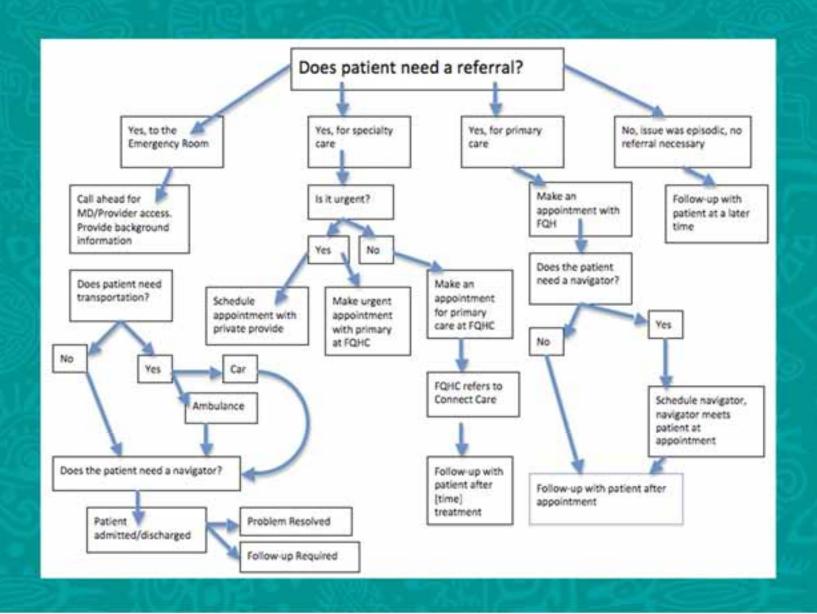
#### Mission

- Dedicated to achieving improved access to care by the immigrant Hispanic population
- > And built upon two basic principles:
  - Healthcare is a right
  - The best healthcare system is a patient-first system
- Casa is designed specifically to
  - Decrease the barriers
  - Enhance those factors that facilitate access to basic medical services and referral to primary care

#### Services

- Pre-access to Care
- Basic, episodic medical services
  - Family Medicine, Internal Medicine
  - Specialty Services: Dermatology, Gynecology
  - Behavioral Health
- Post Provider Care
  - Robust referral services
  - Patient tracking
  - Navigator services
- Community Services

#### Referral tree





# St. Louis Beacon, February 14, 2010

- > St. Louis Area: "The 2007 American Community Survey from the U.S. Census Bureau put the number of Hispanic residents in the St. Louis area at roughly 58,000" (Sandoval, 2010).
- St. Louis Region: "An estimate often cited for both documented and undocumented Hispanics in the St. Louis region is between 80,000 and 90,000" (Sandoval, 2010).

#### Poverty

- > Below the poverty level in 12 months prior to survey
  - About 22% of Hispanics
  - About 9% of whites
- > Children under age 18 years in below poverty level
  - About 29% of Hispanics
  - Above 30% for Mexicans, Puerto Ricans, Dominicans, Hondurans

#### The Underinsured

- >In our society, lack of health insurance inhibits access to care
- >In 2004, those without health insurance coverage varied among Hispanic subgroups:
  - 37.6 percent of Mexicans,
  - 20.4 percent of Puerto Ricans
  - 22.8 percent of Cubans
  - 32.3 percent of other Hispanic or Latino groups.

#### ⊳In 2007

- 32.1 percent of the Hispanic population was not covered by health insurance
- . 10.4 percent of the non-Hispanic White population.

# Barriers to primary care access

- Language barriers
  - Spanish language preference is a marker for poorer access to care and preventive health services
- Cultural barriers
- Fear of detection
- Racial discrimination

#### Factors facilitating primary care access

- Community health workers
- Culturally competent care
- > Addressing the cultural needs of those served
- Health literacy
- > Employment
- Social support

# Interaction with the larger healthcare system and the Hispanic community



Note: The St. Louis Metropolitan area has a Hispanic community estimated at nearly 100,000 people (Sandoval, 2010)



## **Getting Casa Started**

- The politics
- Overcoming community fears
- Not becoming a medical home
- Developing relationships

# Hispanic community partnerships

- > Hispanic Chamber of Commerce of Metro St. Louis
- Hispanic Leaders Group
- > Interfaith Partnership
- International Institute of St. Louis
- Professional Latino Action Network
- Puerto Rican Society
- St. Cecelia Parish and other parishes and churches serving the Hispanic community
- > STL TV

## Healthcare system partners

- Barnes-Jewish Hospital
- Cardinal Glennon Children's Medical Center
- Cohen Eye Associates
- Crider Health Center
- Family Care Health Centers
- > Goldfarb School of Nursing
- Grace Hill Neighborhood Health Centers
- > Health Literacy Missouri
- Myrtle Hilliard DavisComprehensive Health Centers
- > O'Donnell Eye Institute
- > People's Health Centers
- St. John's Mercy Neighborhood Ministry

- St. Louis Children's Hospital
- St. Louis City Department of Health
- Saint Louis County Department of Health
- Saint Louis University Doisy
  College of Health Sciences,
  Schools of Medicine, Nursing,
  Social Work and Public Health
- Saint Louis University Hospital
- South Side Catholic Charities
- South Side Day Nursery
- Washington University School of Medicine and Brown School of Social Work

# Institutional support

- Saint Louis University (Founding and sustaining sponsor)
- Barnes-Jewish Hospital Foundation
- Ladue Chapel
- Missouri Foundation for Health
- Saint Louis University Hospital Auxiliary
- St. Louis Children's Hospital
- Sal Mirowitz Day School
- Washington University School of Medicine
- Women's Club of the SLU School of Medicine

#### Clinical services

- Between January 18 (opening) and April 17, the number of clinical visits totaled 566
- This yields an average of 50 visits/week
- Casa operates on a relatively complex schedule,
  averaging 32 hours/week devoted to clinic visits
- Low cost model of care relies on volunteers

# **Community Programs**

- Health Fairs
- HIV Screening
- H1N1 immunizations
- Interpreting
- Health Literacy
- Diabetes Screening

## Experience

- > Scenario 1. Child needing pediatric care.
- Scenario 2. Acute abdomen issue requiring emergency surgery.
- Scenario 3.An adult with a complex health problem requiring the intervention of multiple agencies and professionals, ie. the health department, an FQHC and multiple medical specialties.
- Scenario 4. A patient requires urgent but minor ophthalmologic surgery.



